



# HOLY CROSS COLLEGE

ACCREDITED BY NAAC WITH 'A+' GRADE (CYCLE:2)

Tripura University Reg. Code: 17

Jubatara, P.O. Lembucherra, Tripura West Pin-799210

Phone: 0381-2915930, +91 9402315672

email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

"Educating hearts and minds"

No. F/7/HCC/HP/2024/4

Date: 18<sup>th</sup> April 2024

To

Debasish Maiti, PhD  
Professor  
Department of Human Physiology  
Tripura University, Suryamaninagar-799022

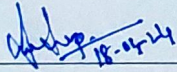
**Subject: Permission for conducting a Field Survey for final year Project.**

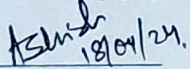
Sir,

We, would like to inform you that, **Ms. Sanjana Sen, Ms. Mausumi Datta, Mr. Reshmi Roy, Ms. Vaswati Saha and Mr. Shubrajit Choudhury of 3<sup>rd</sup> Year students of Department of Human Physiology, Holy Cross College, Agartala, is intended to do their Project work and collect some data from the students using survey method from your esteemed institution. In connection with this we are seeking your kind permission so that they can do their project work in your institution as a part of our "students' field survey programme" for the period of 20 days, from 22<sup>nd</sup> of April onwards.**


May we request your kind permission and all necessary help to do the aforesaid project in your institution. We hope you will grant us the permission to do the same.

Yours faithfully-

  
Dr. Sandeep Roy Sarkar  
(Project Guide & Asst. Professor)  
Dept. of Human Physiology  
Holy Cross College, Agartala

  
Dr. Ashish Kumar Singha  
(Project Guide & Asst. Professor)  
Dept. of Human Physiology  
Holy Cross College, Agartala

Forwarded by-

  
18/04/2024  
HoD, Human physiology  
Holy Cross College, Agartala

**HEAD**  
Department of Human Physiology,  
HOLY CROSS COLLEGE, AGARTALA

Copy to-

1. Departmental file of H. Phy.



Department of Human Physiology  
Holy Cross College, Agartala

No. F-7 HCC HP 2024-03

Date: 10/04/2024

To

The Headmaster  
Arundhuti Nagar English Medium School  
Arundhuti Nagar, Agartala, Tripura West

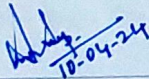
Subject: **Permission for conducting a Field Study for final year Project.**

Sir,

I, would like to inform you that, **Ms. Saptarni Nath, 3<sup>rd</sup> Year student of Department of Human Physiology**, Holy Cross College, Agartala, is intended to do her Project work and collect some data from the students using survey method from your esteemed institution. Her proposed project work is **"What is the status of nutritional knowledge and dietary habits of the students?"**. In connection with this we are seeking your kind permission so that she can do her project work in your institution as a part of our "students' field survey programme" **for the period of 15 days, from 22<sup>nd</sup> of April onwards.**

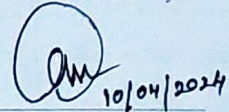
May I request your kind permission and all necessary help to do the aforesaid project in your institution. I hope you will grant us the permission to do the same.

Yours faithfully-



Dr. Sandeep Roy Sarkar  
(Project Guide & Asst. Professor)  
Dept. of Human Physiology  
Holy Cross College, Agartala

Forwarded by-



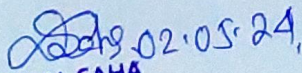
HoD. Human Physiology  
Holy Cross College, Agartala

**HEAD**

**Department of Human Physiology,  
HOLY CROSS COLLEGE, AGARTALA**

Copy to-

1. Academic Coordinator for information.
2. IQAC for record.



**DULAL SAHA**  
Teacher-In-charge  
AD Nagar English Medium School  
Agartala, Tripura (W)





"Educating hearts and minds"

# HOLY CROSS COLLEGE

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email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

## DEPARTMENT OF HUMAN PHYSIOLOGY

No. F.7/HCC/HP/2024/06

Date: 30.04.2024

To  
The Principal  
Holy Cross College  
Agartala, Tripura (W)

**Sub: Seeking approval for some project work in the village near the HCC premises.**

Respected Father,

With humble regards, I would like to inform you that Ms. Riya Acharjee, a 3rd-year student of the Department of Human Physiology, Holy Cross College, Agartala, intends to do her 6th-semester project work on the effect of nutrition and related health issues. Her proposed project is "What are the prominent health issues among the tribal community in rural areas: navigating and tackling rural health challenges." In connection with this, she will collect data from a village near the HCC Premises. Therefore, we are seeking your kind permission to do her project work in the aforesaid place as a part of our "Field study Program" for one month, from the 1<sup>st</sup> week of May, 2024.

I hope you will grant this application to do the same. Your kind cooperation and needful action are highly appreciated.

Yours Truly,

Dr. Susmita Saha  
HoD, Human Physiology  
Holy Cross College, Agartala

**HEAD**  
Department of Human Physiology,  
HOLY CROSS COLLEGE, AGARTALA

Approved By:

Dr. Fr. Benny K. John, CSC  
Principal  
Holy Cross College, Agartala

PRINCIPAL  
HOLY CROSS COLLEGE  
AGARTALA





"Educating hearts and minds"

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email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

## DEPARTMENT OF HUMAN PHYSIOLOGY

No. F.7/HCC/HP/2024/০৭

Date: 30.04.2024

To  
The Principal  
Holy Cross College  
Agartala, Tripura (W)


**Sub: Seeking approval for some project work in the village, near the HCC premises and Palatana, School Corner, Gomati, Tripura.**

Respected Father,

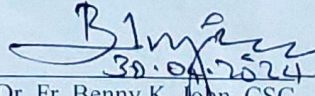
With humble regards, I would like to inform you that Mr. Deeptanu Datta, a 3rd-year student of the Department of Human Physiology, Holy Cross College, Agartala, intends to do his 6th-semester project work on the effect of antidiabetic drugs. His proposed project is "How do antidiabetic drugs affect human health?". He will collect data from a village near the HCC Premises and Palatana, School Corner, Gomati, Tripura. Therefore, we are seeking your kind permission to do his project work in the aforesaid place as a part of our "Field study Program" for one month, from the 1<sup>st</sup> week of May 2024.

I hope you will grant this application to do the same. Your kind cooperation and needful action are highly appreciated.

Yours Truly,

  
30/04/2024  
Dr. Susmita Saha  
HoD, Human Physiology  
Holy Cross College, Agartala  
**HEAD**  
Department of Human Physiology,  
HOLY CROSS COLLEGE, AGARTALA

Approved By:

  
30.04.2024  
Dr. Fr. Benny K. John, CSC  
Principal  
Holy Cross College, Agartala  
**PRINCIPAL**  
HOLY CROSS COLLEGE  
AGARTALA





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## DEPARTMENT OF HUMAN PHYSIOLOGY

No. F.7/HCC/HP/2024/08

Date: 30.04.2024

To  
The Principal  
Holy Cross College  
Agartala, Tripura (W)


**Sub: Seeking approval for some project work in the Asian Fitness Gym, Radhanagar, Agartala.**

Respected Father,

With humble regards, I would like to inform you that Mr. Roshan Debbarma, a 3rd-year student of the Department of Human Physiology, Holy Cross College, Agartala, intends to do his 6th-semester project work on Physical fitness and the effect of exercise. His proposed project is "How does exercise intensity affect body weight and appetite". In connection with this, he will collect data from Asian Fitness Gym, Radhanagar, Agartala, and Tripura. Therefore, we are seeking your kind permission to do his project work in the aforesaid place as a part of our "Field study Program" for one month, from the 1<sup>st</sup> week of May, 2024.

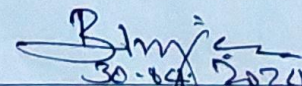
I hope you will grant this application to do the same. Your kind cooperation and needful action are highly appreciated.

Yours Truly,

  
30/04/2024  
Dr. Susmita Saha  
HoD, Human Physiology  
Holy Cross College, Agartala

**HEAD**  
Department of Human Physiology,  
HOLY CROSS COLLEGE, AGARTALA

Approved By:

  
30-04-2024

Dr. Fr. Benny K. John, CSC  
Principal

Holy Cross College, Agartala  
PRINCIPAL  
HOLY CROSS COLLEGE  
AGARTALA



Department of Human Physiology  
Holy Cross College, Agartala

No. F/7/HCC/HP/2024/11

Date: 06-05-2024

To

The Headmistress  
Sankaracharya Girls HS School  
Arundhuti Nagar, Agartala, Tripura West

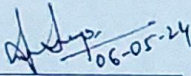
Subject: Permission for conducting a Field Study for final year Project.

Sir,

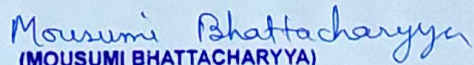
I, would like to inform you that, Ms. Saptarni Nath, 3<sup>rd</sup> Year student of Department of Human Physiology, Holy Cross College, Agartala, is intended to do her Project work and collect some data from the students using survey method from your esteemed institution. Her proposed project work is "What is the status of nutritional knowledge and dietary habits of the students?". In connection with this we are seeking your kind permission so that she can do her project work in your institution as a part of our "students' field survey programme" for the period of 5 days, from 6<sup>th</sup> May onwards.

May I request your kind permission and all necessary help to do the aforesaid project in your institution. I hope you will grant us the permission to do the same.

Yours faithfully-

  
106-05-24

Dr. Sandeep Roy Sarkar  
(Project Guide & Asst. Professor)  
Dept. of Human Physiology  
Holy Cross College, Agartala

  
(MOUSUMI BHATTACHARYYA)  
Teacher-in-charge  
Sankaracharya Vidyayatan  
Class-XII Girls' School  
A.D. Nagar, Agartala

Copy to-

1. Academic Coordinator for information.
2. HoD, Dept. of Human Physiology.



Department of Human Physiology  
Holy Cross College, Agartala

No. F 7/HCC/HP/2024/12

Date: 06-05-2024

To

The Headmaster  
Mahatma Gandhi Memorial H. S. School  
Shiv Nagar, Agartala, Tripura West

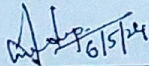
Subject: **Permission for conducting a Field Survey for final year Project.**

Sir,

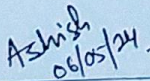
We would like to inform you that, Ms. Arpita Saha, Mr. Pratyush Kiran Chakrabarti and Mr. Sauradeep Chakraborty, Mr. Somnath Bhattacharjee, 3<sup>rd</sup> Year students of Department of Human Physiology, Holy Cross College, Agartala, is intended to do their Project work and collect some data from the students using survey method from your esteemed institution. In connection with this we are seeking your kind permission so that they can do their project work in your institution as a part of our "students' field survey programme" for the period of 10 days, from 8<sup>th</sup> of May onwards.

May we request your kind permission and all necessary help to do the aforesaid project in your institution. We hope you will grant us the permission to do the same.

Yours faithfully-

  
06/05/24

Dr. Sandeep Roy Sarkar  
(Project Guide & Asst. Professor)  
Dept. of Human Physiology  
Holy Cross College, Agartala

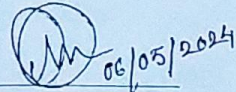
  
06/05/24

Dr. Ashish Kumar Singha  
(Project Guide & Asst. Professor)  
Dept. of Human Physiology  
Holy Cross College, Agartala

Copy to-

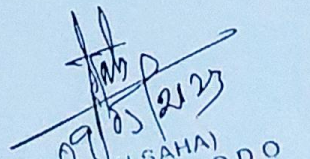
1. Departmental file of H. Phy.

Forwarded by-

  
06/05/2024

HoD, Human physiology  
Holy Cross College, Agartala

**HEAD**  
**Department of Human Physiology,**  
**HOLY CROSS COLLEGE, AGARTALA**

  
09/05/2023  
(T. U. SAHA)  
Head of Office & D.D.O  
M.G.M. C. School  
Collegem, Agartala  
D.D.O Code no. UB057





# HOLY CROSS COLLEGE

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Web: www.holycrosscollege.in

"Educating hearts and minds"

No. F/7/HCC/HP/2024/14

Date: 17<sup>th</sup> May 2024

To

Samir Kumar Sil, PhD  
Professor  
Department of Human Physiology  
Tripura University, Suryamaninagar-799022

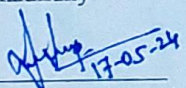
Subject: **Permission for conducting a Field Survey for final year Project.**

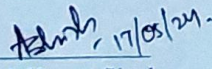
Sir,

We, would like to inform you that, **Ms. Sanjana Sen, Ms. Mausumi Datta, Mr. Reshmi Roy and Ms. Debasmitta Datta of 3<sup>rd</sup> Year students of Department of Human Physiology, Holy Cross College, Agartala**, is intended to do their Project work and collect some data from the students using survey method from your esteemed institution. In connection with this we are seeking your kind permission so that they can do their project work in your institution as a part of our "students' field survey programme" **for the period of 10 days, from 20<sup>th</sup> of May onwards.**

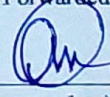
May we request your kind permission and all necessary help to do the aforesaid project in your institution. We hope you will grant us the permission to do the same.

Yours faithfully-

  
Dr. Sandeep Roy Sarkar  
(Project Guide & Asst. Professor)  
Dept. of Human Physiology  
Holy Cross College, Agartala

  
Dr. Ashish Kumar Singha  
(Project Guide & Asst. Professor)  
Dept. of Human Physiology  
Holy Cross College, Agartala

Forwarded by-

  
17/05/2024  
HoD, Human physiology  
Holy Cross College, Agartala  
**HEAD**  
Department of Human Physiology,  
HOLY CROSS COLLEGE, AGARTALA

Copy to-

1. Departmental file of H. Phy.