



HOLY CROSS COLLEGE

ACCREDITED BY NAAC WITH 'A+' GRADE (CYCLE:2)
Tripura University Reg. Code: 17
Jubafara, P.O. Lembucherra, Tripura West Pin-799210
Phone: 0381-2916930, +91 9402315672
email- principalhccagt@gmail.com
Web: www.holycrosscollege.in

"Educating hearts and minds"

To
The Principal,
Holy Cross College, Agartala.

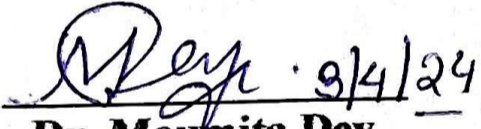
Subject: - Proposal for Organizing Two-Days Self-Defense Workshop at Holy Cross College, Agartala.

Respected Father,

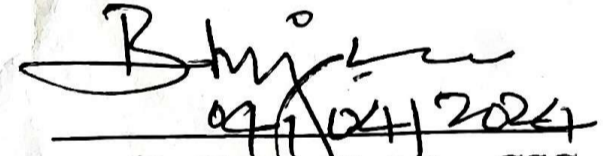
I trust this letter finds you well. This is to inform you that **The Internal Complaints Cell (ICC)** of HCC wants to organize a **Two-Days Self-Defense Workshop** in collaboration with Sanjib Karate School on our campus premises from 9th - 10th April, 2024.

In light of the growing importance of personal safety and empowerment, particularly among students, we believe that offering a self-defense workshop will be immensely beneficial. We believe that organizing a Two-days self-defense workshop at Holy Cross College presents an excellent opportunity to empower our students with essential life skills and enhance their personal safety and well-being.

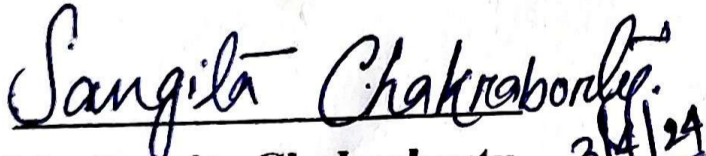
We look forward to your positive response and the opportunity to make a meaningful impact through this workshop. Thank You.

 3/4/24

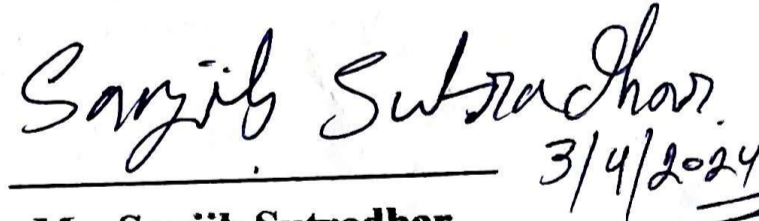
Dr. Moumita Dey
Presiding Officer
The Internal Complaints Cell (ICC)
Holy Cross College, Agartala

 09/04/2024

Dr. Fr. Benny K. John, CSC
Principal
Holy Cross College, Agartala

 3/4/24

Ms. Sangita Chakraborty
Organizer
Holy Cross College, Agartala

 3/4/2024

Mr. Sanjib Sutradhar
Karate 5th Dan Black Belt
Principal
Sanjib Karate School



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"Awakening hearts and minds"

Date: -08-04-2024

Requirement list for Two Days Self- Defense Workshop

Date of the Workshop- 9th- 10th April, 2024

Organized By- ICC of Holy Cross College in collaboration with Sanjib Karate School, Barjala.

1. Plastic Chairs (50 nos.)
2. Red Chairs with covers (7 nos.)
3. Karate Mats.
4. Tea- Table (2 nos.)
5. Table for registration purpose (2 nos.)
6. Refreshments for Guest
7. Tea/ Coffee & Water
8. Flower Bouquet & College Scarf (3 nos.)
9. Refreshment for officials (Approx. 8 nos.) for two days.
10. Certificates for the participants.
11. Memento for the Trainers (2 nos.)

Proposed By: -

Sangita Chakraborty
Mrs. Sangita Chakraborty 8/4/24
Organizer.

Approved By-

B. M. J.
08/04/2024
Principal
Holy Cross College

PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA



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'Cultivating hearts and minds'

Date: - 04-04-2024

To
Mr. Pradip Chanda
Chairman, North Zone
Agartala Municipal Corporation
& President of Sanjib Karate School, Barjala.

Sub: - Invitation to be the **Special Guest** of Two-Days Self-Defense Workshop at Holy Cross College, Agartala.

Dear Sir,

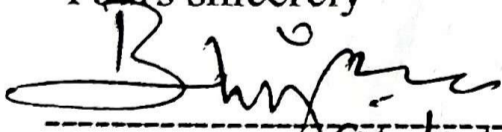
We are happy to inform you that The Internal Complaints Cell (ICC) of Holy Cross College is going to organize a **Two-Days Self-Defense Workshop** in collaboration with Sanjib Karate School in our campus premises from 9th - 10th April, 2024.

So, on behalf of the Holy Cross College, I cordially invite you to be the **Special Guest** at this program on **9th April, 2024 at 10:00 am** at Holy Cross College, Agartala.

We look forward to your esteemed and gracious presence and wait to welcome you.

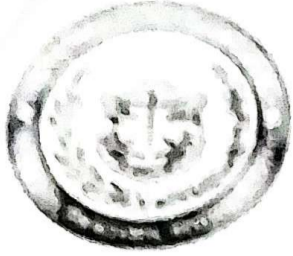
Thanking you in anticipation.

Yours sincerely


04/04/2024
Principal
Holy Cross College,
Jubatara, Lembucherra
West Tripura-79921

PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA


6/04/2024



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Decorating hearts and minds

Date: - 04-04-2024

To
Mr. Sanjib Sutradhar
General Secretary,
Sanjib Karate School, Barjala, Tripura

Sub: - Invitation to be the **Resource Person** of Two-Days Self-Defense Workshop at Holy Cross College, Agartala.

Dear Sir,

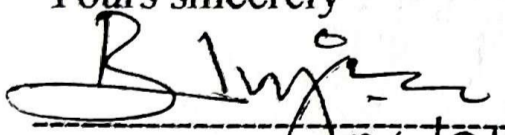
We are happy to inform you that The Internal Complaints Cell (ICC) of Holy Cross College is organize a **Two-Days Self-Defense Workshop** in collaboration with Sanjib Karate School on our campus premises from 9th - 10th April, 2024.

So, on behalf of the Holy Cross College, I cordially invite you to be the **Resource Person** at this program on **9th & 10th April, 2024** at Holy Cross College, Agartala. We need to use the Karate Mats for smooth functioning. Please provide us 25 nos. of Karate Mats for this workshop purpose.

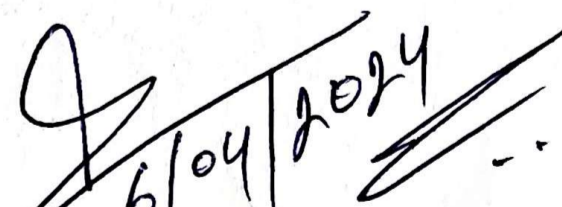
We look forward to your esteemed and gracious presence and wait to welcome you and your team.

Thanking you in anticipation.

Yours sincerely


04/04/2024

Principal
Holy Cross College,
Juabatara, Lembucherra
West Tripura-79921


6/04/2024

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HOLY CROSS COLLEGE
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Date: - 04-04-2024

To
Mrs. Debarati Sarkar
Chief Instructor,
Sanjib Karate School, Barjala, Tripura

Sub: - Invitation to be the **Resource Person** of Two-Days Self-Defense Workshop at Holy Cross College, Agartala.

Dear Madam,

We are happy to inform you that The Internal Complaints Cell (ICC) of Holy Cross College is organize a **Two-Days Self-Defense Workshop** in collaboration with Sanjib Karate School on our campus premises from 9th - 10th April, 2024.

So, on behalf of the Holy Cross College, I cordially invite you to be the **Resource Person** at this program on **9th & 10th April, 2024** at Holy Cross College, Agartala.

We look forward to your esteemed and gracious presence and wait to welcome you.

Thanking you in anticipation.

Yours sincerely

Principal

04/04/2024

Holy Cross College,
Juabatara, Lembucherra
West Tripura-79921
PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA

TWO DAYS SELF- DEFENSE WORKSHOP

Date: - 9th and 10th April, 2024

Attendance Sheet of Girls

The below mentioned students are attending the Two Days Self Defense Workshop organized by the Internal Complaints Committee (ICC) in collaboration with Sanjib Karate School, Barjala.

Sl. No.	Name	Department	Contact No.	09/04/2024	10/04/2024
✓1.	Mourina Bhattacharjee	BA English	8794967310	Mourina	
✓2.	Adrita Nag	BA English	7640936551	Adrita Nag	Adrita Nag
✓3.	Sneha Deb	BA English	8415800376	Sneha Deb	Sneha Deb
✓4.	Nikita Ghosh	BA English	6009041997	Nikita Ghosh	Nikita Ghosh
✓5.	Liza Banik	English	7630088192	Liza Banik	Liza Banik
✓6.	Disha Majumder	Political science	9362246217	Disha Majumder	Disha Majumder
✓7.	Shibangi Das	Human physiology	9077175082	Shibangi Das	Shibangi Das
✓8.	Aprita Pal	Zoology	9862612234	Aprita Pal	
✓9.	Sangita Bhattacharjee	Geography	9837301224	Sangita Bhattacharjee	Sangita Bhattacharjee
✓10.	Apsaria Saha	Computer	7629921874	Apsaria Saha	Apsaria Saha
✓11.	Nancy Acharya	English	8787468519	Nancy Acharya	Nancy Acharya
✓12.	Ayesha Saha	Political science	9089127335	Ayesha Saha	Ayesha Saha
✓13.	Anyasha Bardhan	BA English	7005668094	Anyasha Bardhan	Anyasha Bardhan
✓14.	Lucky Gurung	History	6009888356	Lucky Gurung	Lucky Gurung
✓15.	Sagarika Sarkar	Political science	9362887069	Sagarika Sarkar	Sagarika Sarkar

6.	Dipanjali Deb	Zoology	7005517822	Dipanjali Deb	Dipanjali Deb.
17.	Chandrani Chaudhuri	Human physiology	9863473450	Chandrani Chaudhuri	Chandrani Chaudhuri
18.	Jayasmita Ghosh	Political science	7630872563	Jayasmita Ghosh	Jayasmita Ghosh.
19.	Subhra Debnath	BA English	8794249308	Subhra Debnath	Subhra Debnath
20.	Arpita Sukla Das	Human Physiology	9863865849	Arpita Sukla Das	Arpita Sukla Das
21.	Shreya Das	Zoology	9883301112	Shreya Das	Shreya Das.
22.	Rupa Bhattacharjee	Political science	9863741972	Rupa Bhattacharjee	Rupa Bhattacharjee
23.	Shalu Chaudhary	Political science	6009594907	Shalu Chaudhary	Shalu Chaudhary
24.	Smriti Das	Zoology	9862978817	Smriti Das	Smriti Das.
25.	Supriti Choudhury	BA English	7005928827	Supriti Choudhury	Supriti Choudhury
26.	Debjani Debnath	BA English	8732800803	Debjani Debnath	Debjani Debnath
27.					

TWO DAYS SELF- DEFENSE WORKSHOP

Date: - 9th and 10th April, 2024

Attendance Sheet of Boys

Name	Department	Contact No.	09/04/2024	10/04/2024
Bikash Ray	Political science	6909711707	Bikash Ray	Bikash Ray
Shyan Debbarma	BBA	9774317294	Shyan Debbarma	Shyan Debbarma

✓ 3.	Nabajyoti Bhattacharjee	English	8259918762	Nabajoti	Nabajoti
✓ 4.	Surgadip Deb	Political Science	9362853369	Surgadip Deb	Surgadip Deb
✓ 5.	Dipjoy Bhattacharjee	Mathematics	9862395692	Dipjoy Bhattacharjee	Dipjoy Bhattacharjee
✓ 6.	Saptadeep Debbarma	English	8732895733	Saptadeep DB	
✓ 7.	Dominik Nipu Gomes	English	8414811469	Dominik Nipu	Dominik Nipu
✓ 8.	Anup debnath	English	8787562551	Anup Debnath	Anup Debnath
✓ 9.	Sourav Garthakur	Political science	8415842521	Sourav Garthakur	Sourav Garthakur
✓ 10.	Ch Subhrajit Singh	B.Ed.	9366133704	Ch Subhrajit Singh	Ch Subhrajit Singh
✓ 11.	Deepjyoti Pal	B.Ed.	8259064791	Deepjyoti Pal	Deepjyoti Pal
✓ 12.	Bitan Bhattacharjee	Geography	6909987762	Bitan Bhattacha.	Bitan Bhattacha.
✓ 13.	Ashis Das	BA (Gen.)	8837384143	Ashis Das	
✓ 14.	Soutik Choudhury	Political science	9366423160	Soutik Choudhury	Soutik Choudhury

Moumita Dey
Dr. Moumita Dey
Presiding Officer
The Internal Complaints Cell (ICC)
Holy Cross College, Agartala

Sangita Chakraborty
Ms. Sangita Chakraborty
Organizer

Two Days Self-Defense Workshop

10/4/2024

Mr. Sanjib Sutradhar
Karate 5th Dan Black Belt
Resource Person.



HOLY CROSS COLLEGE, AGARTALA

Accredited by NAAC with 'A+' Grade (Cycle:02)
www.holycrosscollege.in




Certificate of Participation


This is to certify that


.....
.....


has participated in the
TWO DAYS' SELF-DEFENSE WORKSHOP
organised by the Internal Complaints Committee (ICC), Holy Cross College, Agartala,
in collaboration with Sanjib Karate School, Barjala, Agartala

Date: 09th -10th April, 2024


Dr. Mounmita Dey
Presiding Officer
The Internal Complaints Committee (ICC)
Holy Cross College, Agartala


Ms. Sangita Chakraborty
Organizer
Holy Cross College, Agartala


Mr. Sanjib Sutradhar
Karate 5th Dan Black Belt
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